

GENERATIONS

Services for the Elderly and Their Families

You feel helpless and useless as your health has declined with age

You are feeling overwhelmed with caring for your husband with Alzheimer's

Your parents are becoming frail, but refuse to consider getting help or moving

You worry about your mother's increasing forgetfulness

CareNet Counseling offers services to address the uncertainties and emotional distress that can accompany aging, ranging from the practical, every day problems to emotional, psychological, and spiritual aspects of aging issues.



Issues Addressed

Counseling

- Spiritual issues
- Depression
- Adjusting to change, loss, and illness
- Bereavement

Family Consultation

- Short and long range planning

Care Management

- In-home psychosocial assessment
- Home visits



Cathy Wilson, LCSW

Cathy Wilson is a licensed clinical social worker with over 20 years of experience working with the elderly and their families.



CareNet Counseling

FAITH-INTEGRATED
PROFESSIONAL COUNSELING

What is pastoral counseling?

Pastoral counseling seeks to intentionally integrate the client's values and faith resources into the healing process. Pastoral counselors are ordained ministers who have advanced degrees from an accredited theological school and also have extensive clinical training in psychology and the behavioral sciences. Counselors will not impose their own beliefs on the client, but will assist the client in identifying and incorporating the client's faith resources, support systems, and values into the counseling process. All CareNet counselors are licensed by the state of North Carolina and one or more professional bodies such as marriage and family therapy, licensed clinical social workers, or other recognized state or national organizations.

For more information about Generations
and to discuss your situation, please contact
Cathy Wilson directly at **336-716-0851**.



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MEDICAL CENTER®

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