

# Boys Social Skills Group

## Why a group for boys?

Group helps young boys interact positively with one another

Group helps foster respectful interaction with adults

Group helps young boys to express their feelings

**Group is fun!!**



## Issues Addressed

- Cooperative and positive play between group participants
- Identifying feelings and learning ways to express them appropriately
- Building self-confidence and self-esteem

**Size of group:** 4 to 6 members

**Time:** 4:30pm - 5:30pm

## What is Social Skills Training?

A general term used to describe teaching children how to learn more productive and positive ways to interact with others. Our program includes:

- Manners and positive interaction with others
- Ways to Handle Anger and Frustration
- Learning to resolve conflict
- Feelings

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### **David M. Bradley, M.Div., M.A. (MFT)**

*David Bradley is a pastoral counseling intern with ten years experience of working with children as a minister in the Presbyterian Church (U.S.A.).*



### **Terri H. Merritt, LCSW**

*Terri Merritt is a licensed clinical social worker who has worked with children and adolescents for the past 14 years. Terri worked for the Winston-Salem Forsyth County School System and for Bowman Gray Child Guidance before joining CareNet Counseling.*

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FAITH-INTEGRATED  
PROFESSIONAL COUNSELING

## *What is pastoral counseling?*

Pastoral counseling seeks to intentionally integrate the client's values and faith resources into the healing process. Pastoral counselors are ordained ministers who have advanced degrees from an accredited theological school and also have extensive clinical training in psychology and the behavioral sciences. Counselors will not impose their own beliefs on the client, but will assist the client in identifying and incorporating the client's faith resources, support systems, and values into the counseling process. All CareNet counselors are licensed by the state of North Carolina and one or more professional bodies such as marriage and family therapy, licensed clinical social workers, or other recognized state or national organizations.

### **For More Information**

Individuals interested in the Boys' Social Skills Group may contact **Terri Merritt** directly at **336-713-0267** or **David Bradley** at **336-716-0852** to discuss joining the group.



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